

30th March 2023

Newsletter



Balingup Primary School

9782 5900

balingup.ps@education.wa.edu.au

www.balingupprimaryschool

Solar eclipse

- Do not look at the sun.
- Looking directly at the sun during a solar eclipse can cause permanent loss of vision.
- Children and teens are most vulnerable to solar damage.
- There is no treatment for damage caused by looking directly at the sun.

Indirect viewing is the safest way to view a solar eclipse.

Eye safety

The main hazards to the eye from very intense sunlight are from heat (infrared radiation), ultraviolet radiation (UVR) and from excessive visible light, especially blue light.

Even a momentary glance at the sun can focus a very intense amount of light energy onto the back of the eye (the light-sensitive tissue at the back of the eye – named the retina). Known as solar retinopathy, this damage occurs without pain or warning and the effects of retinal damage may not appear for hours.

UVR can cause 'sunburn' to the outer surface of the eye (cornea).

The least understood risk is from blue light which may also cause damage to the eye.

Children and teens are most at risk of solar damage.

https://www.healthywa.wa.gov.au/Articles/S_T/Solar-eclipse

ON APRIL 20TH 2023



Come and get your tickets in the draw for a chance to win!



Easter raffle

\$3.00 per ticket or

\$10.00 for 5 tickets

Drawn:

Wednesday April 5th

Principal's Pen:



Kaya beautiful Balingup community, welcome to the final edition of the newsletter for term one, 2023. We have had such a fantastic term to date with plenty of joy and zest bubbling about, enhancing our positive and vibrant school culture.

In my last newsletter article, I spoke about how the students and staff had been involved in rich learning activities (professionally for staff as well as for student's academically) and the results have a feel of lush and abundant growth, academically and socially & emotionally. Connections and rapport between staff, students, families and the wider community are strengthening further. This really feels like a lovely place to be every day and I am hopeful these words resonate with those reading.

THE "LOW DOWN" ON YOUR CHILD/REN

Hopefully you have seen a survey link in your email inbox, on Connect or on SchoolStream requesting some more information on each of the children in your care. So far, we have had the survey completed for 13 of our students and the feedback for each is already valuable information that our educators can consider for your child/ren when planning for and working with them.

We developed this survey in response to feedback from our School Culture survey where families indicated they did not feel the school asked them about their aspirations for their child and their education. This was an interesting point that we were keen to address and felt developing a survey could provide us with such information, along with other interesting aspects we may otherwise not be aware of unless we ask the question!

Please take the time to complete one survey per child, even one survey per child per parent/carer, assisting us in providing the best learning environment for each unique individual at our school, giving us the information to tailor further to individual needs and enabling us to build on our inclusivity and cultural responsiveness.

MINI REPORTS

At the end of this term, we are trialling a new strategy to keep families informed of how their child/ren is tracking at school. Again, feedback from last year's survey indicated families would like more regular feedback about their child's progress and one way we felt we could accommodate this was through mini reports we have designed, giving a general indication of how things are going at this stage in the year.

These reports will be emailed out on Wednesday, April 5 with hard copies available on request.

To ensure all families are aware, if at any stage in the school year you are wanting information regarding your child's progress, you are welcome to

contact the school office or the classroom teacher to arrange a meeting to discuss your child. Making a meeting time, rather than catching the teacher in the morning or after school, is important as it ensures you will have their undivided attention while you discuss your child without any distractions. These meetings can also happen as regularly as you would like, every few weeks, once a term, make a time and we can be available.

PIVOT PERMISSIONS

Pivot is the software assisting us with tracking student wellbeing along with student perceptions about how they are taught and their learning environment. The software further enables students to have a voice in how they are taught and how they feel about their school. An electronic permission on SchoolStream was put out a few weeks ago and so far we have had 16 responses from 40 families. Please take the time to complete this quick permission form and gain further information about how your child's information is used in the software.

If you have concerns about your child's information and Pivot, please get in touch with me for further discussion as ideally, we would like all students to have the opportunity to feedback to the school through this platform and for all educators to be aware of how each student's wellbeing is tracking.

ATTENDANCE

Current data shows that 54.4% of our students are attending school regularly. To attend regularly students need to come to school 90% of the time or greater. A third of our students' attendance rate is at indicated risk, meaning they are attending school 80 to 90% of the time. Regular attendance is the ideal for every one of our students and I would love our common aim to have an increase in the percentage of students attending regularly in term two. Remember, every day counts!

WELLBEING TIP

Have you worked out your time of the day to give yourself some kindness? Is it when you brush your teeth? Walk the dog? Have a cup of tea? Building on this practise, did you know that as you slow your breathing, you also slow your heart rate which in turn calms your body? This is a practise you can demonstrate to your children also, modelling the calming technique in times you may be experiencing big emotions. Slow breathing has also been found to reduce anxiety and depression, improve stress management, give higher energy levels, reduce blood pressure and even enhance immunity!

I hope you all enjoy a safe and lovely family break full of connecting with loved ones and recharging the batteries for a totally excellent term 2!

Nicole Corcoran - Principal

*Term 1 attribute has been
JOY and ZEST!
We encouraged everyone to
approach
challenges with
energy, positivity and enthusiasm!
Aiming for a feeling of well-being
and
contentment!*



SCHOOL PHOTOGRAPHY RE-INVENTED

It seems many people are happy to give Jack & Purdy School Photography a go this year!

Previously sent out information regarding this was readily accepted!

School photos will be Tuesday August 22nd 2023.

More information will be sent out mid next term.

P&C MOVIE AFTERNOON FUNDRAISER

WHERE: Balingup Primary Assembly Hall

COST: \$5.00 includes popcorn and a juice

RSVP: No later than Friday March 31st.

TIME: 2:30pm

WHEN: Wednesday April 5th

EASTER RAFFLE WILL BE DRAWN ON THIS DAY ALSO!

Tickets \$3.00 for one or \$10.00 for 5 available at the office!



ROOM 2 SHARE THEIR VIEWS ON HARMONY DAY

HARMONY DAY

We had a crazy week! On Tuesday the 21st of March we celebrated Down syndrome day. Everyone wore crazy socks!
On Wednesday the 22nd of March it was Harmony Day. We made pasta and learnt that everyone belongs. We did extraordinary activities.
It was so much fun!

By Anjele Sakura Harlow
Yr 4

Woo hoo! Harmony Day was fun at Balingup. We made noodles! We had fun dancing with my. Body percussion was fun. It was awesome watching a video about Harmony Day.

Riley Keding
Yr 3

Wow! Harmony Day was celebrated at Balingup Primary School. All the students and teachers including myself, were wearing orange. It was on the 22nd of March.

Harmony Day means you include everyone. It doesn't matter if they're different. It was really fun. We did cooking, learnt what Harmony day means and we did some dance moves. I recommend it, it was a blast!

Quinn Jones
Yr 4

Harmony day was so fun! All the students and teachers wore orange. There were fun rotations with activities. There was cooking, body percussion and we watched a video about belonging. I had so much fun!

On Tuesday it was odd sock day. Everyone wore odd socks. Before lunch we took a school photo with odd socks! Everyone lay down on their back with their feet towards the middle and then we took a photo.

Liam Brown
Yr 4

Wow! Harmony Day was a smash! All the kids got dressed up in yellow and orange or cultural clothing, well, almost the whole school. The students cooked spaghetti with Mrs Douglas. There were lots of activities. Miss Streeter showed us a video about belonging. Mrs Douglas taught us to cook spaghetti and Mrs A. did music with us all on the 22nd of March.

By Sophie Dellar

Wow! Harmony Day was so much fun. Most of the students and staff, including the teachers, were wearing orange. Also, before lunch the whole school had three rotations. One of them was making spaghetti, one was where we got a partner and we threw a beanbag at each other and we would chuck it and ask a question. When the other person caught it they would answer the question. The last activity we did was music with our body. I'll never forget Harmony Day at Balingup Primary School on the 22nd of March.

Emerson Stern

Woah so many colours on Tuesday. All the students wore odd socks to bring awareness to down-syndrome. Great 🥳👏👏👏
Teva Buck
Yr3

Harmony day was held at Balingup Primary School on the 22nd of March. We made noodles which was extremely fun. We also did body percussion with Mrs A. and with Miss Streeter we watched a video about belonging. The day made me happy. Then it was finally home time.

By Ihlo Ashdown Ridley

Wow! Harmony day was held by Balingup Primary School. It was on the 22 of March. Most students and staff were dressed in orange. We did rotations and made pasta for lunch. We did body percussion and singing with Mrs A and with Miss Streeter we learnt about getting along with each other. The pasta was so tasty and the passionfruit was so sweet and sour!

Occy Neil
Year 4

WOW! Odd sock day was the best. I can't believe that teachers had different socks. Parents were involved too. I had one long, one short and both were different. We did it to celebrate Down Syndrome. It was hosted by Balingup Primary School on 21st of March. I loved it.

By Seth Alan Nock
Year 4.



COMING UP NEXT TERM

Monday April 24th	Student Free Day
Tuesday April 25th	ANZAC Day Public Holiday
Wednesday April 26th	ANZAC Day service at school 11am
Wednesday May 3rd	Cricket Carnival at Balingup Town Oval Years 3 to 6
Monday May 15th	World of Maths Incursion
Friday May 26th	Mid term assembly
Monday June 5th	Western Australia day Public Holiday
Friday June 23rd	Lightning Carnival Boyup Brook
Friday June 30th	End of term assembly
Monday June 26th to Friday June 30th	NAIDOC week

'Greetings to everyone in Breakfast Club Land!

It has been wonderful to see so many hungry, and perhaps not so hungry, people in BC this term. Next Wednesday is the last breakfast for Term !! Crikey! 🐼

I would like to take this opportunity to thank the amazing Mrs Mauger and Ms Roberts for their constancy, energy and good humour while assisting with your darlings' breakfast requirements each week. And there have been many parents pitching in when necessary to help with dish-washing and table-wiping. Thank you all!

There have also been donations of eggs, ham, yoghurt, cheese and Milo throughout the term. These gifts have meant the funds allocated to BC goes that bit further, so a HUGE thank you for your generosity. It is heart-warming to know so many are behind Breakfast Club.

Mary Taylor (Chaplain)

Wishing every family a fabulous holiday break, peace and a good rest!



***School Contributions are due:
\$60.00 per student per year!***

BSB: 066504

ACCOUNT: 00900800

REFERENCE: Name and fees